

# BREAD

Brainstorm everything you know about bread. Consider both the steps required to make it, starting at harvest, as well as the chemistry involved and practical uses.

Can you think of any fictional stories that use bread in the narrative?

What thoughts, feelings, and senses are stirred up inside of you from freshly baked bread?

Explore this Hebrew word & picture:  
Lechem (H3899)



List as many Bible stories as you can recall that feature bread.

Read this selection of verses and ponder God's use of the theme in Scripture:

Genesis 3:17-19, 14:18-20  
Exodus 16:29-33, 25:30  
Deuteronomy 8:3-10  
Matthew 15:29-39  
Luke 22:19, 24:13-35  
John 6:26-58  
Acts 2:42-47  
1 Corinthians 10:16-17

Read the following verses to ponder the significance of "breaking of bread".

Luke 9:13-17, 24:1-35, Isaiah 58:6-10,  
Num 11:7-9, Matt 20:28, 1 Cor 12:27

Take some time to reflect on all you've learned. How does bread give glory to Jesus & illustrate God's living story? Have you made any new discoveries?

## ENGAGE IN WONDER

How does bread illustrate God's living story? Reflect on all you've learned.

Here are some additional questions to ignite your curiosity and imagination:

- Why do you think Jesus often broke bread in front of His disciples? What did this establish in their minds long term? (Ponder Luke 24:30-32)
- Jesus created grain knowing he would call Himself the "Bread of Life". And, he was born in Bethlehem, which means the "house of bread". Why do you think he chose that specific design & illustration to figuratively represent himself?
- What do you think He meant by those who come to Him will never go hungry? How do we feed on Jesus? (John 6:57-58)
- Jesus was always feeding people and caring about their hunger. Why do you think this was important to him? What does physical hunger teach us about spiritual hunger?
- Why do you think it was important for Jesus to illustrate breaking & multiplying bread? How does breaking bread also illustrate? What else is multiplied in the Bible?
- What are the "breadcrumbs" throughout the Old Testament that gave us clues leading up to Jesus, the Bread of Life.
- Yeast provides multiple metaphors in Scripture. How does it illustrate pride? How does it illustrate the Kingdom of God?